

# Blue-Green Algae

## Blue-Green Algae

*The Near-Perfect Super Food*



### ***Get The Best Blue-Green Algae***

- 100% pure wild blue green algae powder  
*Avoid tablets which contain undisclosed fillers, binders and glues*
- Low-temperature, air-dried (below 91° F.)  
*Not freeze-dried, which breaks the delicate glycoside bonds and degrades the quality of the algae*
- Grown in uncontaminated, fresh water in sunlight and open air  
*Not in dark vats with city water*
- Stored at cool temperatures after its manufacture  
*Not stored in hot warehouses*

### ***What's In Blue-Green Algae?***

- The Near-Perfect Super Food
- Packed with megatons of super nutrients (natural vitamins, minerals, fatty acids, amino acids)
- Rich in nucleic acids (RNA/DNA), the building blocks of every cell
- Easy to digest: 98% assimilable
- High in natural chlorophyll, a powerful detoxifier of toxins and heavy metals
- Rich source of peptides (building blocks of amino acids) which help strengthen and repair the brain and nervous system

### **Used Worldwide For Centuries By Many Cultures**

Worldwide users report improved health after taking blue-green algae, including:

- Improved energy and stamina
- Greater memory and concentration
- Improved appetite and weight loss
- Strengthening of the immune system to fight infections better
- Help with chronic fatigue, poor digestion and allergies

## Nutritional Powerhouse

Blue-green algae is a powerful nutrient-rich, high-energy algae food concentrate. Blue-green algae (*Aphanizomenon flos-aquae*) is one of nature's most efficient, versatile, and prolific nutritional powerhouses. Algae is the very basis of the entire food chain and is responsible in large part for creating and renewing all life forms.

## Flash-Drying

The best algae is harvested from a wild, nutrient-dense environment in its 100% organic, natural state. A special unique low-heat process (below 91° F.) called Flash-Drying is the best method to process the algae. This method does not break the delicate glycoside bonds of the algae and degrade the quality of the algae, such as freeze-drying does. Careful processing keeps the nutrients intact and available for full assimilation.

We find that the exceptional nutritional properties of the algae can have a dramatic effect on how people feel. People who have included the algae as a regular part of their diet report a wide range of benefits to their health and overall mental and physical well-being.

## Increasing Energy

Blue green algae is a totally natural, well-balanced, organic high energy food. Since it contains so much energy, most people need to eat only a few grams a day to move their bodies into better balance and to experience an increase in energy and well-being. We find that people receive different benefits from taking the algae because each person is chemically different. The algae will begin to replace deficiencies in the body from its storehouse of vitamins, minerals, amino acids, enzymes, and other micro-nutrients.

## Real Food

Amazingly, the algae contains every vitamin, mineral, and amino acid that the body needs. Since it is real food, it has no synthetic ingredients or additives. Blue-green algae is the highest known source of natural vegetable protein (58%) and chlorophyll in the world. It contains all the essential amino acids in a perfect balance for the human body, and is 98% assimilable by the body. It is another miracle food in this age of nutrient-poor, polluted, chemical cuisine.

## Health Benefits

The dynamic balance of essential nutrients contained in blue-green algae has many health benefits. Users commonly report:

1. More physical and mental energy and stamina
2. Reduced stress, anxiety and depression
3. Greater mental clarity, memory and concentration
4. Relief from fatigue, poor digestion, many allergies, sluggishness
5. Better regulation of weight and appetite
6. Heightened self-healing and accelerated recovery time
7. Strengthening of the immune system

## Recommended Use

Typically, adults take 1 to 3 capsules (250 mg./capsule) per day. If you have been chronically ill, start with smaller amounts of blue green algae and gradually increase to larger amounts. This way you will avoid too rapid detoxification. For special cleansing procedures, you may want to use larger amounts, such as 1 to 3 capsules per meal. Athletes with heavy training schedules may want to take much larger amounts (3 to 6 capsules per meal).

## 12 Reasons Why You'll Love Blue-Green Algae

1. Blue-green algae provides energy for life, mental clarity, and increased physical stamina.
2. Blue-green algae has the highest known source of natural vegetable protein (58%) and chlorophyll in the world. According to research, it is 98% assimilable.
3. Blue-green algae is a powerful detoxifier. Its high percentage of pure chlorophyll helps clear the body of poisonous toxins, including heavy metals.
4. Blue-green algae may help speed recovery from chronic illness due to deficiencies and toxins. It heightens anti-pollutant immune functions.
5. Blue-green algae is a rich, natural, 100%-pure algae food concentrate. It contains no chemicals or harmful additives. It is a gift to all of us from nature.
6. Blue-green algae is harvested wild from a sun-rich, fresh water environment.
7. Blue-green algae contains all the essential amino acids in a perfect balance (almost the same as the human body). It contains most of the non-essential amino acids.
8. Blue-green algae is a rich source of beta carotene (Provitamin A), known to fortify and protect the immune system.
9. Blue-green algae is a rich source of peptides, building blocks of amino acids, including those which strengthen and repair neurosomatic cells, found in the brain and nervous system.
10. Blue-green algae contains many trace minerals, including boron, chromium, cobalt, copper, iron, magnesium, manganese, phosphorus, potassium, selenium, sodium, sulfur, vanadium, and zinc.
11. Blue-green algae is rich in nucleic acids, the building blocks of RNA and DNA.
12. Blue-green algae is a natural source of polyunsaturated fatty acids

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